

MAY

2019

*East Valley
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NO BOOZE NEWS

Down From the Mountaintop

He had two choices: change, or crash and burn

I woke up with my last hangover on July 5, 1988, and found my way into a meeting of Alcoholics Anonymous in San Francisco a few days later. After a few months, it became clear that there were people in AA who laughed, and had a life, and they were usually talking about the Steps and sponsorship and service. So I bought a Twelve-Step workbook. The workbook was okay as far as it went, but I skipped through the God stuff. I had been raised an atheist and hadn't yet realized that it took as much faith to be an atheist as to be a believer. I also skipped getting a sponsor. I had spent fifty years building walls around myself and pushing people away; I wasn't about to get chummy with anyone. Consequently, when I got to Step Five, I had a bit of a dilemma, so I thought I might do a sort-of Fifth Step with my wife in hopes of saving our marriage. But there were a couple of things I wasn't sure I wanted to tell her, so at eight months sober, I actually asked someone at a meeting for advice, and by the end of that conversation, asked him to be my sponsor. He agreed, and I said, "I'm ready for Step Five." He said, "C'mon over Saturday and let's look at Step One."

That began an extraordinary journey. I embraced the Steps (except for the God stuff) and found them liberating. I got to see who I was and where I came from, that I wasn't a freak dropped from outer space (although there was a period when I would have welcomed alien abduction). However, I did leave out one little thing in my Fifth Step, that most deeply shaming thing I couldn't yet talk about, and by chiseling on the Steps I missed having that spiritual awakening the Twelve Steps are meant to evoke. So my second year sober was a roller coaster; I was acting out in ways crazier than when I was drinking. The higher power I didn't believe in was trying to get my attention, big time! I developed a nervous tick in one eye, had chronic neck

Quote of the Month

"No matter how unreasonable others may seem, I am responsible for not reacting negatively.

Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality.

When I [review my day], I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher.

I have much to learn from him or her, and in my hearts, I should thank that person."

- Bill W.

Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org
THANK YOU



and back pain, had a panic attack while driving and had to pull off the road, dreamed I was in a plane that was crashing and dreamed I was drinking at an AA meeting and hiding the bottle under the table. I talked to another alcoholic about it and said I was afraid I was heading for a relapse.

"You've already had the relapse," he said. "You just haven't picked up the drink yet." That got my attention, and I began several months of intensive work. I told my sponsor the thing I'd left out of my Fifth Step the year before, only to find that he didn't remember my Fifth Step. Talk about ego deflation! I journaled, went to more meetings, and did something I would have laughed at not long before, which turned out to be "inner child" work with a therapist--powerful stuff. I also told myself affirmations, went to a treatment facility for a two-week "tune-up," and ended the summer of 1990 in the Eastern Sierra's White Mountains. I created my own "letting go" ritual, fasting for two days at 14,000 feet, burying things that represented past aspects of my life I wanted to leave behind, and crying my eyes out in the brilliant morning sun.

I came down the mountain changed. I was ready to take actions that would point my life in new directions without my knowing what the outcome would be, or even where I would be living. I came down ready to take that leap of faith, believing that things would work out. I'd had my spiritual awakening and let go of the controls. I had a higher power, and it wasn't me. Al, the name I'd used most of my life, stayed on the mountain, and Albert came down, ready to be a whole person.

I went to an AA meeting in Bishop and, for the first time, knew I could go anywhere and find people who would know me and welcome me. I even went to a demolition derby at the county fair and felt as one with the drunks cheering on car crashes! For the first time in my life, I felt human.

Since then, I have continued to use the Steps, do service, have a sponsor and sponsor others, and thank my higher power, (whom I don't particularly need to define) for my full and wonderful life. I have maintained serenity through divorce, marriage, another divorce, a benign brain tumor, a clogged artery, and hemorrhoids; I gave up my high school-dropout status, earned three university degrees, and published two books. I've tried tap-dancing, cello and saxophone playing. I have remained open to the ongoing wow of life around me, and, at age sixty-five, have fallen head-over-heels in love with a woman who loves me.

Perhaps the greatest gift of sobriety is that ability to love and be loved, connected to the higher power who accepts me just as I am and, through he/she/them/it, enables me to accept people just as they are, and they are pretty wonderful.

-- Albert L. Tucson, Arizona

Meeting of the Month - May 2019

The 6AM "Sun-riser Meeting" at Get It Together Group (GIT) —Chandler, Arizona

There is incredible diversity among AA groups all over the world, and the Sun-riser meeting at GIT is no exception.

Founded in the late 70's, GIT is a staple in the AA community. The 6AM "Sun-riser Meeting" meets every day and carries a strong focus on the newcomer. A local treatment center routinely sends new patients to this meeting, and due to regulars in attendance with long term sobriety, there is always a tremendous opportunity for sponsorship.

The "Sun-riser Meeting" is an open meeting and all are welcome. The format is an alcoholic reads from the "Daily Reflections" book and speaks on the topic. Birthdays and Newcomers are encouraged to share.

This meeting brings true meaning to the word "Family".

- Reviewed by Dorset

Get It Together "G-I-T" is located at 393 West Warner Road #106, Chandler, AZ. And holds over 50 meetings per week.

Words From the Big Book

The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only *thought they had lost their egoism and fear; they only thought they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else all their life story.* **Page 72, 73 from Chapter 6 "Into Action"**

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

Committees of Interest

Check only those you are willing to serve on

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

TRI-STATE ROUNDUP

MAY 16 ~ 19, 2019

LAUGHLIN NV

RIVERSIDE RESORT

FLAGSTAFF ROUNDUP

MAY 31 ~ JUNE 2, 2019

FT. TUTHILL CAMPGROUND



PROMISES IN THE PINES

JULY 26 ~ 28, 2019

LEWIS CANYON CAMPGROUND

SHOW LOW AZ

PRESCOTT SHOESTRING ROUNDUP

AUGUST 30 ~ SEPTEMBER 1

1500 AZ-69 PRESCOTT AZ

PRESCOTT RESORT AND CONFERENCE CENTER

Valley of the Sun

Founder's Day 2019

Saturday, June 8, 2019

10am to 5pm

New Location

1844 E Dana Ave. Mesa AZ
(St. Peters Lutheran Church)

www.azfoundersday.org

Mesa Roundup Presents

Quatro de Mayo

Saturday, May 4th

5:30pm Dinner

7:00pm Speakers

8:30pm Dance

15 E 1st Ave. Mesa AZ

(1st Methodist Church)

25th Anniversary Celebration of

By The Book Group

With Alanon and Alateen Participation

Potluck with entrée provided

Saturday, May 4th

5:30pm to 10:00pm

3450 W Ray Rd.



2019 Arizona Area State Convention

September 13 ~ 15

Riverside Resort

Laughlin NV

More info at area03.org

2019 Post-Conference Assembly

June 29, 2019

702 E Cottonwood Lane

Casa Grande AZ

(1st Presbyterian Church)



Name	Date	Days
------	------	------

Gary C.	5/1/1980	14244
Mike C.	5/1/1981	13879
Bud K.	5/23/1982	13513
Jon C.	5/6/1984	12783
Becky C.	5/9/1984	12783
Ken H.	5/19/1986	12053
Chris M.	5/13/1987	11688
Stephan O.	5/13/1987	11688
Beth H.	5/29/1988	11321
Joel M.	5/15/1989	10957
Bryan T.	5/3/1990	10596
Christopher B.	5/10/1990	10592
Mike S.	5/1/1991	10227
Hallie G.	5/5/1991	10227
Louis S.	5/28/1991	10227
Christine T.	5/5/1992	9857
Regan G.	5/1/1992	9857
Christine T.	5/5/1992	9857
Jack G.	5/23/1996	8400
Deborah W.	5/7/1998	7670
Heidi H.	5/23/1999	7305
Mickey W.	5/1/2003	5844
Debbie G.	5/16/2003	5844
Kathy T.	5/15/2005	5113
Larry S.	5/23/2007	4383
Ginny F.	5/15/2008	4017
Neil H.	5/23/2008	4017
Frank P.	5/26/2008	4017
Steve B.	5/11/2009	3652
Gail N.	5/15/2009	3652
Lyndadiane L.	5/29/2010	3287
Michelle M.	5/25/2010	3287
Eric F.	5/6/2011	2922
Ben P.	5/24/2011	2922
Shawna D.	5/2/2012	2556
Danielle R.	5/6/2013	2191
Denise M.	5/12/2014	1826
Maureen D.	5/5/2014	1826
Christopher T.	5/5/2015	1461
Beth M.	5/6/2015	1423
Jennifer P.	5/10/2016	1095
Jean C.	5/15/2016	1095

Step Five~ Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition Five~ Each group has but one primary purpose to carry its message to the alcoholic who still suffers.

Concept Five~ Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Rule 62

A DRUNK WAS DRIVING DOWN

THE STREET. He was nervous

and anxious because he was

due to appear in court, but

couldn't find a parking place. Raising his eyes to the heavens, he cried, "God, take pity on me. If you find me a parking place, I will go to church for the rest of my life, I will be kind to my family, and I will give up drinking."

Miraculously, a parking place appeared immediately. The drunk again looked up and said, "Never mind. I found one."
-- **Dennis H. Flagstaff, AZ**

A MAN DOWNS SIX MARTINIS in a row. The woman on the next bar stool marvels, "You must be really thirsty."

"Not at all," he says.

"Well then you must like to drink."

"On the contrary."

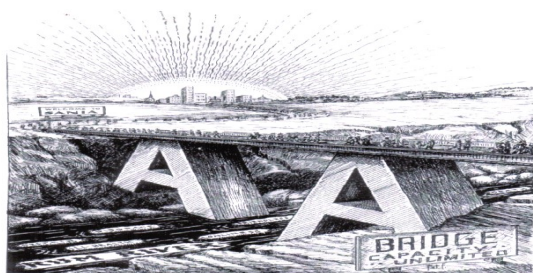
"Well, what do you call six martinis in an hour?"

"Necessity. Wife sent me for a jar of olives and the market was closed." He sighs. "Yes, I have all sorts of troubles. Every night my kids stay out until two or three in the morning."

"What are they doing out so late?"

"Looking for me."

- **Vickie D. Kingman, AZ**



Things We Can Not Change

Howard P. a long time member of our fellowship has passed from this world. His life and sobriety touched many and he will be missed.

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Workshop

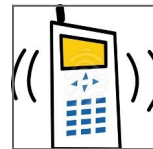
Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

Workshops can be done at your Group !

For more information

Contact Beth H

EVI Sponsorship Workshop

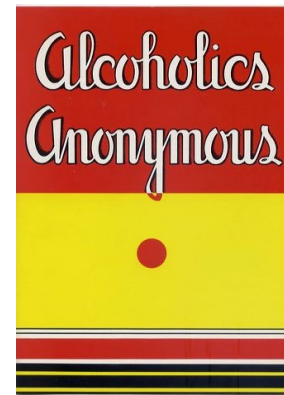
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

May 4th ~ Chandler Women's BB

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N. Dobson Rd Chandler

contact: 480 827-1905

EVI Monthly Speaker Meeting*1st Friday of Every Month***Meeting Now At 7:30pm**

Antioch Community Church

1125 N. Dobson Rd Chandler

May 3rd ~ Women in Gratitude

June 7 ~ Bloopers

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

***** Fill In shifts available now*****

Central Office Manager's Report

April 19, 2019

March was another great month at your Central Office. We received 517 requests for information and assistance last month. Of those 127 calls were for meeting info, 155 were office visitors and 14 resulted in a 12 step call. Our website stayed busy too. It had 52,074 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for March were 11,344 views. Of those 268 went to our website, 39 requested directions and 44 gave us a call.

We had the good fortune of receiving some newer furniture for the office. A neighboring business in our complex moved out leaving their desks and workstations behind. The property manager let us have what we could use if we cleaned the office. Great deal and it looks much better than our old odds and ends.

The weather is warming up and along with it comes the Campout and Roundup season. We have information available on most of the upcoming A.A. events in AZ and surrounding states at the office and in the No Booze News. Please share your IGR newsletter copy with your group and encourage them to submit stories and subscribe for home delivery. We also still have the event signs and large coffee pots available for group use. Just call and reserve.

If your Group has recently had a rotation of officers, please take a Group Update form to your next Group Conscious meeting. Have the new officers fill it out completely and return it to the office or bring it to next month's meeting. It is our policy to have complete contact information for at least 2 officers of each group listed in our directories. Thanks for your help with this, it is important to keep this information up to date. Service opportunities are always available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight,
Love and Service
Kim W. Central Office Manager
East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

.....	March	2019
Meeting Information Calls	127372
General Information.....	98	286
Referred to Salt River Intergroup	913
Referred to Al-Anon.....	12	27
Referred to Community Info	02
12th Step Calls	1433
Business Calls	102286
Office Visitors	155437
Meeting lists printed.....	800	2,600
Info request via E-mail	42132
Desk Volunteers-Reg/Sub/None.	32/ 6/ 2	
Desk Volunteers-Reg HRS YTD.....	144hrs	

Web Stats

Website Visits last 30 days 52,074 YTD 146,207
Google Searches last 30 days 11,344

Meeting List Updates...

New Meetings:

Jaywalkers	2325 W Guadalupe Rd. # 107 Gilbert SU	5:00p	O,T
The Last Resort	3456 W Casa Blanca Rd. Bapchule TH	6:30p	O
Natural High	761 S Horne St. Mesa	TU	7:00p O,D

Changes:

Carry The Message	4415 S Rural Rd. Tempe	Now At	SA 7:30p O,S
Sunset Sobriety	4444 E Havencrest Dr. Gilbert	Now meets at	MO 5:45pm
Road to Recovery	5641E Albany St. Mesa	Potluck is now on	next to last SA
San Tan Men's	Moved To: 22709 S Ellsworth Rd. QC		TU 6:00p M,C

Deletions:

Out of the Dark	19609 S McQueen Rd .Chandler		TH 7:30p O
Today's 24 Hours	9729 E San Tan Blvd (QC Meeting House)		FR 6:30a

East Valley Intergroup
1320 E. Broadway Rd. # 105
Mesa, AZ 85204

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

*** NEW ***
Area 03 Treasurer
PO Box 18765
Tucson, AZ 85371
Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820
PO Box 20404
Mesa, AZ 85277

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



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GROUP CONTRIBUTIONS



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GROUP	March	YTD
11th Step Candlelight		\$0.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
A Vision For You Group		\$111.58
ABC Group		\$200.00
Ahwatukee Group		\$67.08
Ahwatukee Nooners	\$359.00	\$359.00
Ahwatukee Saturday Men's	\$134.52	\$561.11
Ahwatukee Women's Group		\$0.00
Arbor Daily Noon Group	\$300.00	\$900.00
As Bill Sees It		\$0.00
Attitude Adjustment Ahwatukee		\$0.00
Attitude Adjustment CG		\$40.00
Attitude of Gratitude		\$0.00
Basic II	\$50.00	\$50.00
Bloopers		\$110.00
Bootstrap Men's		\$905.00
Breakfast Club		\$0.00
Busted Ego		\$120.00
By The Book		\$0.00
Chandler Men's Stag Group		\$86.00
Chandler Noon Group	\$133.00	\$383.00
Chandler Women's Big Book Group		\$427.78
Cold Coffee Group	\$195.00	\$195.00
Common Solution		\$0.00
Common Thread		\$0.00
Copper Basin Group		\$0.00
Courage To Change		\$0.00
Daily Reflections Group		\$0.00
Day At A Timers		\$0.00
East Valley Men's Stag	\$175.00	\$300.00
Easy Does It Group	\$88.87	\$266.61
Eye Opener Group	\$150.00	\$150.00
Family Recovery Group		\$0.00
Feelings & Solutions		\$0.00
Fill in the Blank		\$443.75
Firehouse Meeting	\$55.00	\$55.00
Florence Group		\$0.00
Friends Of Bill W.		\$100.00
Get It Together	\$506.54	\$1,174.97
Gilbert Gals		\$0.00
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$86.78
Good Ol' Back to Basics		\$0.00
Grateful Dames		\$0.00
Grateful Girlfriends		\$0.00
Gratitude Group		\$212.00
Great Start	\$200.00	\$400.00
Gut Level		\$136.36
Happy Hour @ Sunbird		\$0.00
Heard It Thru The Grapevine		\$0.00
Into Action		\$0.00
Inwardly Reorganized		\$0.00
Keepin It Real Ladies		\$160.50
Last Resort	\$30.00	\$30.00
Life In The Big Book	\$70.00	\$424.35
Maricopa 12 X 12		\$40.00
Maricopa Group	\$115.00	\$140.00
Mid-Morning Group		\$0.00
Monday Night Madness		\$0.00
Morning After Group		\$200.00
Name In The Hat		\$737.00
New Beginnings		\$100.00
New Hope Group		\$0.00
New Spirit Group		\$0.00
No Name AA Group	\$25.00	\$25.00
Not A Glum Lot		\$0.00
Opportunity Knocks		\$100.00
Page A Day		\$435.24

GROUP	March	YTD
Pioneer Group	\$45.20	\$83.20
Price Is Right		\$124.74
Primary Purpose Group		\$575.00
Prime Time		\$0.00
Progress Rather Than Perfektion		\$0.00
Putting God First		\$0.00
Queen Creek Nooners		\$443.92
Re-Awakening Group	\$20.00	\$20.00
Remember When		\$0.00
Renewed Spirit		\$0.00
Rising Spirit		\$443.30
Road To Recovery	\$748.88	\$2,087.11
Rock Solid		\$0.00
San Tan Men's		\$47.50
Second Chance Group		\$317.00
Seniors In Sobriety-Tempe disbanded		\$160.00
Serenity At Six		\$0.00
Shade Tree		\$0.00
Sisterhood Of Solutions		\$0.00
Sobriety is Gold	\$100.0	\$100.00
Sobriety Rocks		\$0.00
Society Group		\$1,000.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$100.00
Southeast Valley Stag		\$500.00
Spirited Women		\$213.57
Step By Step Group		\$193.90
Stepping Stones		\$400.00
Sunday Morning Women		\$0.00
Sunday Night BB Step Study		\$0.00
Sun Lakes Women		\$0.00
Sunland Serenity Seekers	\$196.50	\$196.50
Sunset Group		\$0.00
Tempe Group		\$0.00
Tempe Nooners	\$25.00	\$75.00
Tempe Sunrisers		\$0.00
Tempe Young People		\$0.00
The Library		\$147.00
The Real Thing		\$0.00
The Way Out Group	\$200.00	\$375.00
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out	\$120.00	\$120.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$0.00
Upon Awakening		\$700.00
We Ain't Dead Yet	\$50.00	\$50.00
We Agnostics		\$136.80
We Can Group		\$0.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$50.00
Women in Gratitude		\$0.00
Women in Solution		\$0.00
Women in Touch		\$0.00
Wonder Women		\$70.00
*Anonymous Groups		\$221.92

OTHER GROUPS/COMMITTEES

Apache Lake Campout	\$126.36	\$126.36
54th International Women's Conf		\$3,080.00
AZ AA Womens Conference		\$0.00
Dist 08-819	\$500.00	\$500.00
Meal and a Message		\$0.00

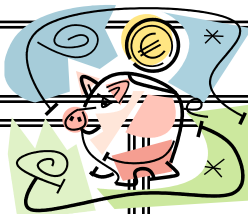
Group Totals \$4,718.87 \$22,890.93

EVI Committees \$101.00 \$288.00

Individual Contributions \$0.00 \$390.00

GRAND TOTALS \$4,819.87 \$23,568.93

(*Group contribution with no group name listed)



BALANCE SHEET March 31, 2019

Assets

Current Assets

Checking	6,641.44
Prudent Reserve (Savings)	24,836.18
Accounts Receivable	778.00
Inventory Asset	23,627.36
Undeposited Funds	0.00

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets \$60,911.32

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	22.31
Payroll taxes	0.00

Total Liabilities \$22.31

Equity

Opening Balance Equity	43,778.94
Retained Earnings	6,731.99
Net Income	10,428.08

Total Equity \$60,939.01

Total Liability & Equity \$60,961.32

PROFIT & LOSS STATEMENT March 2019

34 Group contributions totaling	\$4,718.87
0 Individual contributions totaling	\$0.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$101.00

Total Contributions \$4,819.87

Total Income \$12,830.26

Less total Cost Of Sales \$3,382.85

Gross Profit \$9,447.41

Less total Expenses of \$8,665.77

Net March Gain \$781.64

YTD 2019 Gain \$10,428.08

The current Prudent Reserve balance is \$24,836.18
The Prudent Reserve has been
established for 2019 in the amount of \$24,825.87

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Ron S. EVI Treasurer

Traditions Checklist

Tradition Five: Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

- 1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?***
- 2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?***
- 3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?***
- 4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?***
- 5. Do I help my group in every way I can to fulfill our primary purpose?***
- 6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help***

East Valley Intergroup Business Meeting Minutes

April 19, 2018

Meeting Opened at 7:05PM

12 Traditions ready by – Ron S.

INTRODUCTIONS: *Your attendance and participation are appreciated, and visitors are always welcome!***Intergroup Representatives:****New Reps:** *Judy A. Serenity Seekers Sun Lakes, David K. Sunday Serenity Seekers Gilbert*

Dave M. 417, Nancy O. Ahwatukee Women's, Thom S. Arbor Group, Elizabeth L. Bloopers, Gary L. Chandler Noon, Josh K. Common Thread (ALT), Ed D. EV Vets, Debbie G. GIT, Dennis M. Gold Canyon Firehouse Group, Mallory S. Grateful Dames, Buddy M. Gratitude Group, Rose M. Happy Hour SunBird, Brian V. Inwardly Reorganized, Deana E. LiBB, Gary L. Maricopa Group, Steve S. Men's Shade Tree, Beth M. Monday Night Madness, John H. No Name Group, Ashley St. Thomas Price is Right, Barb M. Queen Creek Nooners, Jeri H. Sobriety Rocks, Mindy S. Society, Tom M. Southeast Valley Stag, Katelyn B. Step by Step, Dave T. SNBBSS, Gail W. Sunset Group, Michelle V. Tempe Sunrisers, Cat M. The Real Thing, Pat C. The Way Out, Harry B. Tuesdays Trudgers, Troy S. Tumbleweeds Group, Jim M. WADY, Beth H. We Agnostics, Patrick M. Welcome Home, Ivan M. Who's Driving Your Bus? Michelle O. Women in Gratitude

Committee and other Trusted Servants: (N/P = Not Present)

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Tom N.	Office Manager	N/P	H&I Liaison	N/P
V.Chair	Chuck E.	Chair- Special E.	J	Spanish Liaison	Marge M.
Treasurer	Ron S.	Chair- PI/CPC	N/P	Alanon Liaison	Rosemary B.
Secretary	Andrea M.	Chair- Phones	Beth H.	DCM 08-818	Michelle M.
Advisor- Special E.	Segrid S.	Chair- Unity	Bill B.	DCM 08-819	Jason S.
Advisor- PI/CPC	N/P	Chair- Sponsorship	N/P	DCM 08-820	N/P
Advisor- Phones	Dave K.	No Booze News	N/P		
Advisor- Unity groups, so your contribution helps us continue to serve the groups!	Barb M.	Literature	N/P		

Secretary's Report: Andrea: Welcome to new reps, Please sign in and update info, New Rep packets available, Asked everyone to check sign in sheet for updates. Motion to accept – Gary, 2nd- Barb, all in favor-accepted!

Treasurer's Report: Report in Packet: Ron, Report in Packet, We did meet Prudent Reserve, we are slightly over due to interest income earned from one of the accounts. Net Income for March is \$781.64, Please relay to your groups a thank you. We appreciate the contributions. The Intergroup is just a group of

Motion to accept- J, 2nd. Tom M., all in favor- accepted!**7th Tradition: \$76.00****Chairperson's Report:** Tom- Nothing new to report, will pass to Vice Chair!**Vice Chair's Report:** Chuck E- Report in packet, Attended Pre -conference assembly on April 5 -7 in Prescott.

Gary -commented that there was also a consideration for "plain language version of the Big Book." Would be worth reading and suggests going on aa.org to read about it.

Office Manager: N/P – Tom- Report in Packet, The office did acquire "new to us" furniture from business that moved out office space. Newsletter folding day is Thursday, April 25th. Please stop by for fun, donuts, coffee, and fellowship! Reminder- if your group recently had a rotation of officers, please complete a Group Update form and return to office or bring it to next business meeting.

STANDING COMMITTEE REPORTS**PI/CPC:** N/P – report in packet

Special Events: J – Sorry, but missed Kim at the office and was not able to grab Anniversary dinner numbers. Will have them next month. Women in Gratitude is the next host group for Monthly Speaker Meeting. Please come out and support!

Segrid – discussed at Steering Committee to discuss a New Year's Eve dance. Do we discuss now or new business? J- will bring it up in new business.

Phone Committee: Beth- Flyers in the back for the phone volunteers. We need to add more people to the list. Please remember you are not automatically signed up for a spot, you would just be trained and available if needed.

Chuck- are there any open spots right now? Beth- we always have spots available, especially towards the end of the month. Steve- how do I sign up my group for a commitment? Beth explained that they just need to provide her information and she will review dates

Unity Committee: Bill – new to committee but looking to get volunteers to go around and visit meetings that do not have EVI representation. Will pass around sheet and please provide contact information if you can come help.

Sponsorship Workshop: N/P- no report , Kaitlyn- did all slots get filled? Tom- we do not have any updates. Ron- Suggests to call Gail, number on packet.

Newsletter Editor: N/P

Literature: N/P

LIASION REPORTS

Alanon Liaison: N/P, -Ken – Rosemary dropped flyers for event next Friday. Please grab a flyer in back- food, fun, speakers!

H&I Liaison: N/P

Spanish Liaison: Marge – attended “Grupo Un Dia a la es hora”, Elizabeth and Marge spoke about Step one! Also picked flyer for event this weekend 4/20, starts at 10PM (yes, 10PM) It is a closed meeting on . Sunday 4/21 is open event for everyone and will have a BBQ and dance. Looking forward to checking it out!

Sub District 08-818: Michelle – Tomorrow is Drunks Like Us quarterly meeting at GIT, Kathy F. (Pacific Regional trustee) will be sharing her experience, strength, and hope. We are forming a Unity committee. Had great participation at Pre-conference.

Ashley- Is Drunks Like Us every month? Michelle- No, every quarter.

Sub District 08-819: Jason – 1844 E. Dana Ave Meeting 7PM on second Thursday of month, We do need Alt DCM for 819 because currently Alt is moving. Please pass to group and see if anyone is interested., Suggested 5 years of sobriety for Alt DCM, suggested GSR experience, Would help facilitate Eat, Greet, and Speak meeting held by Sub-District. Please call me with any questions.

Kaitlyn- If we already have GSR for homegroup is that what Alt DCM is? Jason- No, anyone be Alt DCM if they meet suggested requirements.

Sub District 08-820: N/P

OLD BUSINESS:

Still need location for business meeting. Tom -we are actively looking for locations. Any suggestions please let us know. Ken- reached out to Epiphany Church where Sunset Group meets. It is at 2222. S. Price, Tempe. It is very accessible from the freeway. Church is interested and needed to take to their board. Hoping to hear back soon.

NEW BUSINESS:

J- Motion: Special Events would like to hold a NYE event

2nd -Gary

Tom- motion on the floor, open for discussion, perhaps we should take back to groups and discuss.

Mary- Is Mesa Round up having event?

Kaitlyn- Yes, I'm on Mesa Round Up committee. But I fully support another event. Lots of groups have events.

Gary- I suggested taking back to your group and asking for interest to help out at the event.

Tom- Motion will be table for Reps to take back to groups and discuss.

ANNOUNCEMENTS:

Gary- next Sunday night (April 28th) at 7PM, a new meeting will begin Chandler! “How it Works” is a Closed BB Topic meeting. Located at Victory Church, 19609 S. McQueen (across from Tumbleweed Park).

Jason- Diversity Workshop at Gloria Day Church in Paradise Valley on Sat, April 27th. Flyers in back.

Group Problems & Solutions: none

Close Meeting: Motion to close- All!! 7:56PM

Thank you,

Andrea M.



“Pardon me, is this where I get the message?”



Suggestions from a Temporary Sponsor

A good start on the AA way of sober living

From the Sept 1975 Grapevine

Welcome aboard! If you stick to AA--and I sure hope you do--many wonderful changes will take place in your life. This I can guarantee.

Over the past several years, I have worked with men who found themselves in the same spot you're in now. They fell into three categories: (1) those who accepted the AA way of life either at their first meeting or shortly thereafter; (2) those who stumbled around for months or years before finally sobering up, simply because they were unwilling to accept the obvious fact that booze had them whipped (I was one of these, incidentally); (3) the men who drifted away and have not returned to AA as yet. Some of these are now dead; a couple are in prison; one has severe brain damage.

If it's okay with you, I'd like to serve as your temporary AA sponsor. This means that I'll do anything within my power to help you make a success of this program--provided you do your share. Doing your share would include following these simple suggestions:

1. Keep an open mind.
2. Attend no fewer than three AA meetings weekly for the first three months (six or seven would be better).
3. Encourage your wife and other family members to attend Al-Anon and Alateen meetings (believe me, this *is* a family problem).
4. Buy or borrow a copy of the book *Alcoholics Anonymous*, and read it thoroughly--more than once.
5. Keep in close touch with me during the next few weeks. This could include daily phone or personal contacts and at least an hour a week together.
6. Most important--*stay away from that first drink*, no matter what. Should you decide at any time--day or night--that you simply must have a drink, I want you to call me *before* you take that drink, not after.

Remember, I am on your side, and so are hundreds of other AA members in this area. Perhaps you've been a loner, like I was, and you don't feel up to mixing with those you see at meetings. But it is possible to change, and I am living proof of that truth. Get acquainted with these people. Ask for phone numbers; ask for suggestions on how to deal with problems. And stick with the winners. By that, I mean the men who are comfortable with themselves and others. You'll be able to pick them out.

And when the time comes--say, in a couple of months--choose one of these winners as your permanent sponsor. Or maybe a couple of them. I'll do the best I can as temporary sponsor.

In closing, may I suggest you try our way of life for the next ninety days? If, by then, you decide AA is not for you, we'll give you back your misery and turn you loose. Fair enough?

Best wishes, Frank

-- F. C.

Scottsdale, Arizona

 ★ **QUICK REMINDER:** ★
 ★ **Opinions printed in the No Booze News are** ★
 ★ **those of the writer and not the Intergroup or** ★
 ★ **AA as a whole.** ★
 ★ *****

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